## North Shore Middle School Volleyball

## **HOME OF THE CHAMPIONS**

Athletes must have a physical form on file in order to play volleyball. Students will not be able to tryout unless their physical form is complete. Athletes may bring their updated physical to tryouts.

**Tryout Dates- August 16<sup>th</sup> - 19<sup>th</sup>**7<sup>th</sup> grade- 6:30 a.m. -8:10 a.m.
8<sup>th</sup> grade- 3:45 p.m. -5:30 p.m.

Athletes should bring the following to tryout:

- Personal water bottle
- Updated Physical
- Own Athletic attire

\*\*\*\*Athletes will wear their own athletic attire and tennis shoes (no leggings, tights, or tank tops allowed)

Must provide **OWN** Transportation to & from tryouts.

If you have any questions, please call 832-386-2630 to speak to a NSMS Girls' Coach.

